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Troy Turkey Trot sprints to 3,000 signups with five weeks to go

By WNYT

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TROY, N.Y. (WNYT) – The countdown is on for one of the Capital Region’s most cherished holiday traditions. With five weeks left until race day, organizers say more than 3,000 runners and walkers have already signed up for the 78th annual **Troy Turkey Trot**, taking place on **Thanksgiving** morning, Thursday, November 27.

Recognized as the 12th-oldest road race in the nation, the Troy Turkey Trot draws thousands of participants each year to downtown Troy for a morning of fitness, fun, and community spirit.

“We’re thrilled to welcome everyone back for the 2025 Trot,” said Mayor Carmella R. Mantello. “This event captures what Thanksgiving is all about- community, generosity, and togetherness. It’s a day when Troy truly shines.”

This year’s event will again be presented by Pioneer, a longtime sponsor that has supported the race since 1995.

The day kicks off with the Capital Region’s only Thanksgiving Day 10K at 8 a.m., followed by the Grade School Mile at 9:30 a.m., the Turkey Walk at 9:35 a.m., and the 5K at 10 a.m. All events start at 4th and Fulton Streets and finish at Monument Square. Participants can run individually or as part of a team, and every finisher receives a shirt and a medal.

A new feature this year is the packet pickup location, now being held at RPI’s East Campus Athletic Village Gymnasium on November 22 and November 26. Event Director Josh Merlis said the change is designed to create a more festive experience.

“Moving packet pickup to RPI brings us into the city and creates a warm, welcoming indoor space where runners and walkers can connect before race day,” Merlis said. “We want it to be more than just collecting a bib; we want it to be part of the tradition.”

Organizers are also encouraging participants to support local charities. During registration, runners can donate to the Regional Food Bank of Northeastern New York and Joseph’s House & Shelter. Last year’s event raised \$20,000 to help fight hunger and homelessness. Non-perishable food donations will also be collected on race day at the Food Bank truck at Broadway and Third starting at 6:30 a.m.

Virtual race options are available for those unable to attend in person.

Free parking will be available, and early registration is encouraged throughout the city. Unofficial results will be posted online at **TroyTurkeyTrot.com**.

